

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON
AT TACOMA

I, Brian Tingley, declare as follows:

1. I am a licensed Marriage and Family Therapist in the State of Washington. I live in Washington State, and practice in Fircrest, Washington. I obtained a Master of Science in Marriage and Family Therapy from Seattle Pacific University in 2001.

1 2. I am an Approved Supervisor by the State of Washington and the
2 American Association for Marriage and Family Therapy, as well as a Clinical
3 Fellow Member of the American Association for Marriage and Family Therapy.

4 3. I founded my own private counseling practice in 2002, and since that
5 time have offered a wide range of counseling services to adolescents, adults, couples,
6 and families, addressing interpersonal and family conflict, communication issues,
7 marital and post-divorce issues, emotional management including depression and
8 anxiety, anger and stress management, and adult Attention Deficit Hyperactivity
9 Disorder, among many other matters. Distress and struggles relating to gender
10 identity and sexual attractions and behaviors are some of the many issues about
11 which clients ask for my assistance. I also have experience in crisis intervention and
12 have worked alongside child protective services and law enforcement where
13 children have been placed in protective custody.

14 4. I have taught college courses in Psychology and Human Relations, and
15 have facilitated training seminars and workshops at the request of local therapist
16 groups.

17 5. I have provided both in-person and written testimony to the
18 Washington State Legislature on issues pertaining to teenage sexuality and identity
19 on several occasions, including in connection with the bill that was ultimately
20 passed as the Counseling Censorship Law.

21 6. I have been a committed believer in the Christian faith for many years.
22 I received a Diploma in Ministry and Biblical Studies in 1984. I am regularly asked
23 to provide seminars and workshops to local churches on challenges facing children
24 and families that take into account a biblical perspective as well as my professional
25 expertise.

1 A. Practice and counseling methodology

2 7. I work with both Christian and non-Christian clients, including clients
 3 from a different faith background or no faith at all. I approach counseling of any
 4 clients who choose my services in a consistent way.

5 8. As a general practitioner, I encounter in my clients a wide scope of the
 6 emotional, family, relational, and mental difficulties to which members of any
 7 human community are vulnerable. In this regard, my practice is similar to that of
 8 any general practice counselor. However, on our website our practice group
 9 identifies itself as a “group of Christian providers” who assist clients to pursue
 10 “personal and relational growth as well as healing for the wounded spirit, soul, and
 11 body through the healthy integration of relational, psychological, and spiritual
 12 principles with clinical excellence.” Many of my clients are referred to me by local
 13 churches, and the majority of my clients share my Christian faith. Many of my
 14 clients tell me that they have chosen to come to me precisely because they want to
 15 speak to a counselor who shares and respects their Christian beliefs and worldview
 16 about the issues that are affecting their lives.

17 9. While I never impose my Christian faith on anyone, my faith informs
 18 my understanding of human nature, healthy relationships, and what paths and
 19 ways of thinking will be most likely to enable my clients to achieve comfort with
 20 themselves and live happy and satisfied lives.

21 10. I am not a pastor, and do not consider it part of my role as a counselor
 22 to rebuke or pass moral judgment on my clients, to tell them that how they are
 23 feeling or what they are doing is wrong, nor to tell them how they should live their
 24 lives. Instead, my counseling approach is to provide a safe environment for each
 25 client to allow for his or her own self exploration. My first priority is ensuring that I
 26 establish trust with my clients, so that they feel safe in opening up to discuss all
 27 kinds of sensitive issues. Once rapport is established, I can help the client to

1 identify his or her own objectives and then, through discussion over time, work
2 together to accomplish those objectives.

3 11. Because I am Christian myself, I am able to engage with my Christian
4 clients in a manner that is particularly understanding and respectful of, and
5 informed by, faith convictions and personal goals of the client that are guided by the
6 client's faith convictions, or by the client's desire to live a life of integrity in his or
7 her family and relationships.

8 12. In my experience, where clients have a strong faith, it can be of
9 particular importance to them to know that there are no unspoken concerns or
10 suspicions about their beliefs on the part of their counselor. This is because of the
11 central role that faith plays in their lives—touching on all aspects of their life—as
12 well as their prior life experience of varying degrees of opposition to their faith from
13 those who do not share their beliefs.

14 13. Working with my clients, all I do is sit and talk with them. I spend
15 time listening to their stories, their fears, and their hopes—at times probing with
16 questions to aid their own self-discovery. This process allows clients to reflect on
17 their identity and their beliefs, as well as enabling them to identify personal goals
18 and objectives which may not have been clear to them when they began this
19 process.

20 14. In this process, I see my role as that of an encourager and facilitator,
21 walking alongside my client to provide support, to challenge, and to provide
22 feedback on the road they have chosen. I work with them to overcome or change
23 mental, emotional, or relationship issues that they identify, and to achieve stability.
24 Ultimately, my goal as a professional counselor is to help my clients achieve the
25 lives and the personal goals that they have set out for themselves based on their
26 own beliefs and wishes.

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1 15. I work only with willing clients—clients who voluntarily and willingly
2 talk with me about their problems, thoughts, and concerns.

3 16. No client has ever filed any complaint against me relating to any
4 counseling that I have provided, related to any issue of gender identity, sexual
5 attraction, sexual behaviors, or any other topic.

6 17. Given my expertise and my family-oriented practice, a significant part
7 of my practice is dedicating to counseling minors. I work with minors on a wide
8 variety of issues as they transition into adulthood, but my basic approach to them
9 as clients remains the same as I have described above. That is, I seek to offer
10 minors a listening ear and the support and encouragement that they need to
11 achieve goals and objectives that they set for themselves.

12 18. In most cases a minor will initially come to my office brought by and at
13 the prompting of his or her parent or parents. However, I will only continue to see a
14 minor as a client if the minor is willing to work with me, and participates
15 voluntarily.

16 19. I counsel minors who are struggling with a very wide range of
17 problems, including depression, anxieties, stress, anger, insecurity, and lack of
18 purpose or direction. Topics about which I have counseled minors also include
19 concerns or confusion about gender identity, unwanted same-sex attraction, and
20 other unwanted sexual behaviors such as addiction to pornography.

21 20. In these cases, as with any other, I do nothing but talk with my clients.
22 I simply listen to what they are willing and able to share, ask them questions, and
23 talk with them.

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1 B. Faith-based beliefs concerning gender, sex, sexual conduct, and the
2 possibility of change

3 21. The majority of clients who seek my assistance to reduce unwanted
4 same-sex attraction and develop or increase opposite-sex attraction are motivated at
5 least in part by a desire to live in accordance with the teachings of their faith.

6 22. These individuals believe that it is more important to live consistently
7 with their religious values than to conform their lives to their subjective feelings.
8 Because I share that faith and those convictions, I am able to provide counsel that
9 understands, respects, and assists these clients towards their goals.

10 23. Many Christians, including many of my clients, hold similar beliefs,
11 grounded in biblical teachings, about personal identity, self-worth, what it means to
12 live life well, sexual activity and relationships between the sexes, the importance of
13 obedience to God's law, and the possibility of change in both feelings and actions.
14 These beliefs often have great influence on how Christians understand themselves,
15 what they want their lives to look like, and what personal goals they set for
16 themselves.

17 24. Both my clients' personal goals and my counsel are often informed by
18 these beliefs that are grounded in our shared Christian faith and acceptance of
19 biblical teachings.

20 25. While I have modest theological training, I am not a theologian.
21 However, I will summarize some of these beliefs as I understand and hold them.

22 26. *First*, Christians believe that the division of the species into male and
23 female is not a minor detail or accident, but is a wonderful fact of humanity, and
24 integral to our very being. As it says in the Book of Genesis, "in the image of God He
25 created them; male and female He created them. . . . and it was very good." (Genesis
26 28-31.)

1 27. *Second*, Christians believe that the sex—male or female—that each of
 2 us receives from the moment of conception, is a gift. It is not an accident, an
 3 insignificant detail, a problem, or a potential mistake. Each of us is individually
 4 known and intended by God even before we are conceived: “Before I formed you in
 5 the womb I knew you” (Jeremiah 1:5). Each child is “the work of [God’s] hands”
 6 (Isaiah 29:23), made according to God’s purpose: “For you created my inmost being;
 7 you knit me together in my mother’s womb.” (Psalm 139:13.) And each of us is so
 8 “fearfully and wonderfully made” that we should be moved to rejoice and give
 9 thanks. (Psalm 139:14.) Thus, many Christians believe, as a teaching of their faith,
 10 that obedience, well-being, and happiness for each of us will include acceptance of
 11 and gratitude for the particular sex that God has given us.

12 28. *Third*, Christians believe that the joining of male and female in
 13 marriage to conceive children and raise up each next generation is a great blessing,
 14 a great calling, and a sacred thing. Thus, God’s first instruction and “blessing” to
 15 Adam and Eve was that they should “Be fruitful, and increase in number.” (Gen
 16 1:29.) The Apostle Paul taught that the children of believing parents are themselves
 17 “holy.” (1 Corinthians 7:14.) And the Book of Deuteronomy imposes on parents the
 18 high duty of instructing the next generation in the truths and law of God: “You shall
 19 teach them diligently to your children, and shall talk of them when you sit in your
 20 house, when you walk by the way, when you lie down, and when you rise up.”
 21 (Deuteronomy 6:7.)

22 29. *Fourth*, many Christians believe that sexual relationships belong only
 23 between man and woman, and only within marriage. Thus, the Apostle Paul taught
 24 that “among you there must not be even a hint of sexual immorality.” (Ephesians
 25 5:3.) Of course, one aspect of this “law” has been embodied since ancient times in
 26 the Ten Commandments, which include the commandment that “You shall not
 27 commit adultery.” (Exodus 20:14.)

1 30. *Fifth*, Christians believe that we are to obey God's laws and instruction
 2 *regardless* of conflicting desires or feelings we may have. Jesus told his disciples,
 3 "Anyone who loves me will obey my teaching." (John 14:23.) Peter emphasized that
 4 "We must obey God rather than human beings." (Acts 5:29.) And Paul taught that
 5 we must choose between being "slaves to sin, which leads to death, or to obedience,
 6 which leads to righteousness." (Romans 6:16.) For example, we are commanded not
 7 to commit adultery *regardless* of what desires we may feel, and regardless of how
 8 "right" it might seem to us. Our often-misguided desires do not define what is right
 9 or healthy for us, and should not define who we are.

10 31. *Finally*, and absolutely critically, Christians believe that change that
 11 aligns our heart with God's will is *always* possible by God's power, however difficult
 12 it may seem. Long before Christ, the prophet Ezekiel declared God's promise that "I
 13 will give you a new heart and put a new spirit in you." (Ezekiel 36:26.) Jesus,
 14 speaking of a deeply difficult heart change, told his disciples that 'With man this is
 15 impossible, but not with God; all things are possible with God.' (Mark 10:27.) And
 16 Paul urged believers to "be transformed by the renewing of your mind" (Romans
 17 12:2), and promised that "if any man be in Christ, he is a new creature: old things
 18 are passed away; behold, all things are become new" (2 Cor. 5:17).

19 32. In sum, Christians do not believe that we are *ever* irrevocably trapped
 20 and our identity defined by desires and feelings that are in conflict with God's
 21 instructions. With God's help, change is always possible.

22 33. The Counseling Censorship law appears to be premised on a belief that
 23 change in areas of sexual orientation, sexual behaviors (an extremely expansive
 24 term), or gender identity is either impossible or undesirable.

1 34. Based on both my religious conviction and my own professional
 2 experience and discussions with colleagues over the years, I believe that the
 3 Washington legislature is mistaken in its understanding of human nature, and the
 4 Christian teachings and convictions concerning the possibility of change that I have
 5 summarized above are correct.

6 35. If a client seeks my assistance in reducing unwanted same-sex
 7 attraction and developing or increasing opposite-sex attraction, I cannot—consistent
 8 with my conscience, my religious convictions, or my general client-oriented
 9 approach to psychotherapy—counsel that individual that such change is impossible,
 10 or that the individual should not pursue it. My Christian faith teaches exactly the
 11 opposite.

12 36. For human, professional, and religious reasons, I desire to continue to
 13 help both current and future clients who request my help to enable them to change
 14 their sexual attractions by reducing unwanted same-sex attraction and developing
 15 or increasing opposite-sex attraction.

16 C. Counseling of minors suffering from gender dysphoria

17 37. I have worked with minors who may be suffering from gender
 18 dysphoria as clinically defined in DSM-5, and who express discomfort with their
 19 biological sex and are struggling with questions and feelings around their gender
 20 identity.

21 38. In one incidence since the enactment of the Counseling Censorship
 22 Law, parents brought their teenage minor daughter who had been exposed to
 23 websites advocating transgender identification for girls, and who had begun
 24 expressing unhappiness with her female gender identity, and even asserting a male
 25 gender identity. This girl had been previously diagnosed with high-functioning
 26 autism and was facing various social difficulties at school with her peers. In earlier
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1 years, according to the parents, she had appeared comfortable in her identity as a
2 girl.

3 39. The parents were aware that gender dysphoria is often accompanied
4 by mental health co-morbidities, that gender identity in young people is not
5 necessarily fixed, and that long-term adoption of a transgender identity by their
6 daughter would likely lead to sterilization, lifelong dependence on extraordinary
7 medical care including cross-sex hormones, and an increased risk of physical, social,
8 and mental health difficulties.

9 40. As Christians, the parents also believed that God had created their
10 daughter female, and that she would therefore find the path to a happy and
11 fulfilling life by learning to accept herself as the girl and future woman that God
12 had made her.

13 41. The parents' desire was thus to find a counselor who would assist their
14 daughter in understanding herself and exploring the reasons for her unhappiness
15 with her sex and identity as a girl, and hopefully enable her to return to comfort
16 with her female body and reproductive potential, and with a gender identity as a
17 female, girl, and in years to come, woman.

18 42. The parents expressed these thoughts and goals to me, and sought my
19 professional expertise as a counselor to work with their daughter towards that goal.
20 The daughter also expressed a willingness to meet and talk with me. Accordingly, I
21 entered into this counseling relationship, taking the girl on as a client.

22 43. My counseling of this client mainly consisted of private discussions,
23 consisting for the most part of prompting questions, and sympathetic listening. It
24 also included discussions with the girl and her parents together.

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1 44. At no point did my client indicate that she was talking with me against
 2 her will, or that she felt that I was coercing her in any manner. Instead, she actively
 3 participated in talking and sharing her feelings and worries with me.

4 45. After several counseling sessions, this minor client expressed a desire
 5 to become more comfortable with her biological sex, notwithstanding her previous
 6 claims of a male gender identity. I did not tell her that such change is impossible or
 7 undesirable—both of which I believe to be false. Instead, I worked with her toward
 8 that goal. Over the course of several years of observing and talking with this girl, I
 9 saw a notable improvement in her demeanor and self-esteem. Based on things that
 10 both she and her parents told me, I understood that she was more comfortable
 11 identifying herself as a girl, and seemed to be much happier with her direction in
 12 life.

13 46. Another recent instance occurred when a Christian family came to me
 14 after their minor daughter had begun expressing discomfort with her biological sex
 15 and asserting a male gender identity. This girl had exhibited no signs associated
 16 with gender dysphoria as a young child, but had begun to assert a transgender
 17 identity only after exposure to online material advocating transgender
 18 identification.

19 47. As with the parents I described above, this girl's parents were aware
 20 that gender dysphoria is often accompanied by mental health co-morbidities, that
 21 gender identity in young people is not necessarily fixed, and that long-term
 22 adoption of a transgender identity by their daughter would likely lead to
 23 sterilization and lifelong medical complications.

24 48. These parents also sought a counselor who would assist their daughter
 25 in understanding herself and exploring the reasons for her unhappiness with her
 26 sex and identity as a girl, and hopefully enable her to return to comfort with her
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1 female body, and with a gender identity as a female, girl, and in years to come,
 2 woman.

3 49. However, while the parents of this minor client expressed their faith-
 4 based hopes and goals for their daughter's counseling regarding gender identity,
 5 they also discussed the Counseling Censorship Law with me. They expressed great
 6 fear about what being accused of being involved in a violation of that Law might do
 7 to their family, including their fear that it could lead to the intrusion of Child
 8 Protective Services between themselves and their daughter.

9 50. As the daughter was willing to meet and talk with me, I agreed to
 10 work with her as a client. However after a few sessions, without expressing any
 11 dissatisfaction with my counseling, the parents terminated the counseling
 12 relationship. It was my impression that the parents could not get over their fear of
 13 what might happen to their family if they were accused of bringing their daughter
 14 for counseling that violated the Counseling Censorship Law.

15 51. I have now supported several adolescent clients in similar
 16 circumstances who have sought my help in addressing questions and concerns
 17 surrounding their gender identity. In some of those cases, during counseling the
 18 clients have specifically expressed their desire to accept and achieve comfort with
 19 their God-given sex as a motivation for their goals in counseling. In other cases,
 20 neither the parents nor the minor client have expressed any religious motivation for
 21 their goal that the minor achieve comfort with an identity that corresponded to his
 22 or her biological sex.

23 52. Many sources report that the number of children and teens
 24 experiencing gender dysphoria and/or experiencing an attraction to a transgender
 25 identity has increased greatly over the last decade. I have seen this issue arise with
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1 increasing frequency in my own practice. As a result, I expect with great confidence
2 that other minor clients will seek my assistance in dealing with gender dysphoria
3 and gender identity issues in the months and years ahead. Given the deep distress
4 that these children and their families experience, it is my strong desire to provide
5 such counseling for minors who are willing to engage with me in such
6 conversational counseling on a strictly voluntary basis.

7 D. Counseling relating to sexual orientation

8 53. Over the years, I have had multiple clients, including minor clients,
9 who experienced unwanted same-sex attraction and desired my help in reducing
10 those attractions so that they could successfully enter into heterosexual romantic
11 relationships, and also so that they could live in a manner consistent with the moral
12 teachings of their Christian faith.

13 54. While I share the widely held professional view that changing sexual
14 attraction is often difficult, it is my professional opinion that this is a topic on which
15 scientific knowledge is far from complete, on which professionals can and do have a
16 host of good-faith disagreements, and in which it is therefore all the more
17 essential—for the good of clients—that an uninhibited discussion of ideas,
18 therapies, and professional experiences continue.

19 55. Both my understanding of human nature as informed by my faith, and
20 my own professional experience, lead me to believe that change in sexual
21 attractions is possible and does occur.

22 56. Conversations with colleagues as well as published reports from other
23 practitioners over many years, have confirmed to me that it has been their
24 experience, also, that some clients who are strongly motivated to reduce same-sex
25 attraction and achieve stable opposite-sex attractions and relationships, and who
26 obtain professional counseling to assist them, do succeed in achieving those goals.

1 57. While client confidentiality precludes disclosing details, I am currently
 2 providing counseling to multiple minor teens who have experienced unwanted
 3 same-sex attraction, and who have asked me to work with them towards a
 4 personally chosen goal of seeking to change the attractions they experience by
 5 reducing or eliminating same-sex attraction, and increasing a sense of attraction to
 6 the opposite sex. I am willing to, and currently do, provide counseling to these
 7 clients to help them achieve their goals.

8 58. For example, in recent years I counseled an older teen on this topic.
 9 This teen's parents first brought him to my office, but over time, this client himself
 10 has sought my counsel on a number of topics including attraction to pornography
 11 and unwanted same-sex attractions.

12 59. Like many young people, this individual first fell into a pattern of
 13 repeated access to online pornography. In time, he encountered online pornography
 14 depicting same-sex conduct, and believes that this pornography stirred up same-sex
 15 attractions in himself that he did not previously experience and would never have
 16 experienced had he not been exposed to this pornography.

17 60. The client has a personal Christian faith, and desires to live his life in
 18 accordance with what he understands to be the teachings of his faith. He is of the
 19 opinion that he will flourish—spiritually, emotionally and in relationships—through
 20 obedience to the teachings of his faith. He believes that his faith in God is a
 21 personal priority over his sexual attractions, and that God has determined his
 22 identity according to the body he was given and what is revealed in the Bible,
 23 rather than his own desires and perceptions.

24 61. For this reason, the client asked me to provide counseling to help him
 25 achieve his personal goal of reducing his same-sex attractions and strengthening his
 26 attraction to women.

1 62. I never promise clients that I will be able to solve the problems they
 2 bring to me, and made no such promises to this young man. However, I have
 3 provided and continue to provide sympathetic counseling that is respectful of the
 4 client's faith and his personal goals and desires. Through ordinary techniques of
 5 counseling, including caring listening and questions to help the client understand
 6 himself and his personal history, I am supporting this client as he works towards
 7 the change he desires to see in his own life. And indeed this particular client tells
 8 me that he feels that he has made, and is making, progress towards his goals.

9 63. The experience of this client is not unique. Over the years, I have
 10 worked with several minors—both male and female—who have revealed similar
 11 thoughts and circumstances, and have sought my help in reducing same-sex
 12 attractions and developing their sense of attraction to the opposite sex. Often, these
 13 young people's experiences of same-sex attraction are associated with pornography
 14 use.

15 64. Some former clients who sought my counseling aid on this topic as
 16 minors achieved their goals, and as adults are now living stable and happy lives in
 17 heterosexual marriages.

18 65. Based on my many years of experience, I expect that additional minor
 19 clients experiencing similar distress, and sharing similar life goals, will continue to
 20 seek my counseling assistance towards those goals in the months and years ahead.

21 66. In counseling clients who desire to decrease same-sex attraction or
 22 increase their attraction to the opposite sex, I do nothing except talk with my client,
 23 offering ways of thinking about themselves and others that may help them make
 24 progress towards the change they desire. I do not use electro-shock therapy. I do not
 25 recommend that clients view pornography of any sort. I do not recommend that
 26 clients subject themselves to painful or other adverse stimulations in response to
 27 undesired sexual thoughts.

1 E. Counseling relating to sexual “behaviors”

2 67. From time to time I also work with minor teens who have expressed a
 3 desire to desist from ongoing sexual behaviors which they consider harmful to
 4 themselves and inconsistent with their religious beliefs about sexual morality.

5 68. Several minor clients have sought my help to break out of a pattern of
 6 frequent viewing of pornography for sexual gratification. For example, I recently
 7 worked with a minor who came for counseling after his mother had initially sought
 8 help for him. The client had become obsessed with watching pornography, and
 9 despite the efforts of the mother to restrict access to computers and the internet, the
 10 client would still find ways to get online and view pornography.

11 69. This client came from a Christian home and attended church regularly.
 12 During our discussion, the client said that he did not like the fact that he was so
 13 drawn to pornography, and personally expressed the belief that it is wrong to look
 14 at pornography. He further expressed feeling out of control in his viewing of
 15 pornography, and told me that he wanted to stop. I worked with the client towards
 16 a goal of ending his regular viewing of pornography, and the client made good
 17 progress towards that goal during the time that our counseling relationship
 18 continued.

19 70. Unfortunately, pornography addiction is a common problem among
 20 young people today thanks to easy access through the internet. I have supported
 21 other clients in similar circumstances who have asked my counseling help to assist
 22 them to stop viewing pornography because they believe it to be wrong and
 23 unhealthy for them to engage in.

24 71. I have also worked with clients who have wanted to cease engaging in
 25 sexual activities that they believe are wrong. One example occurred with a teenage
 26 client who initially came to me because he was experiencing academic difficulties
 27 and loss of focus at school. This young man was a Christian, involved with his

1 church youth group and with church mission trips to serve other communities. After
 2 several counseling sessions, the client on his own initiative raised concerns about
 3 the way in which he viewed girls, and in particular his ongoing sexual relationship
 4 with his girlfriend.

5 72. The client believed that it was not right for him to be sexually active
 6 with his girlfriend, and felt that his thoughts and behaviors were in conflict with his
 7 faith and morals. He expressed frustration that he repeatedly fell into conduct that
 8 he believed was wrong and harmful to both himself and his girlfriend, and
 9 expressed a desire to align his sexual thoughts and actions with his faith. I worked
 10 with this young man to help him change the thoughts, actions, and lack of self-
 11 control that were distressing him, as part of a wider effort on the part of the client
 12 to become a more healthy and stable individual. Over time, I observed the client
 13 becoming happier, with better self-esteem and drive, as he addressed these
 14 behaviors that he believed to be wrong and harmful.

15 73. Based on my experience and my understanding of adolescents and
 16 teens, I expect with high confidence that minor clients will continue to seek my
 17 counseling assistance to change sexual behaviors that they believe are harmful and
 18 inconsistent with their personal life goals and religious convictions.

19 F. The impact of the Counseling Censorship Law on my practice and
 20 clients

21 74. For professional, religious, and human reasons, I wish to continue to
 22 support current and future clients who seek my help with issues relating to gender
 23 identity, sexual attractions, and sexual behaviors.

24 75. In my understanding, the Counseling Censorship Law seeks to prevent
 25 me from providing counsel in these areas that my clients desire, that is consistent
 26 with their own religious beliefs and with mine, and that is consistent with my
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1 professional judgment as to what path will lead these clients into healthy, fulfilled,
2 and stable lives over the long term.

3 76. When I provide such counsel, the Counseling Censorship Law
4 threatens me with harassment, investigation, and severe penalties potentially
5 including the loss of my license and my livelihood.

6 77. As a result, when a client raises concerns or goals relating to any of
7 these subjects with me, I cannot help wondering whether at some point in the
8 future the client might file a complaint against me, and I cannot help fearing the
9 possible implications for me and my ability to support my family if that happens.

10 78. Given how politicized this issue is, I also cannot help fearing that
11 hostile activists will maliciously and dishonestly present themselves as clients in an
12 effort to entrap me and accuse me of violating the Counseling Censorship Law.
13 Similarly, even in the case of a client who seeks my assistance in good faith, and
14 who appreciates and values my counsel, I cannot avoid fearing that some other
15 individual—even a completely unrelated individual—will learn of the nature of such
16 counseling and from ideological motivations will file a complaint against me, or
17 even initiate a third-party enforcement action against me, as is authorized by the
18 Counseling Censorship Law.

19 79. Merely going through an investigative process if accused of a violation
20 of the Counseling Censorship Law—likely accompanied by hostile and uninformed
21 publicity—would be extremely stressful and disruptive of my practice and
22 livelihood, regardless of whether a violation was ultimately found.

23 80. In practice, these well-founded fears mean that my conversations with
24 clients on matters of gender, gender expression, sexual orientation, sexual
25 behaviors, or sexual or romantic attractions—particularly at the outset of
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1 conversations with a new client, or when these issues are first raised by an existing
 2 client—are inevitably more guarded and cautious than would otherwise be the case.
 3 Yet openness, candor, and trust are essential to a successful counseling
 4 relationship.

5 81. In fact, because the terms used in the Counseling Censorship Law to
 6 define what is prohibited are so broad and undefined, I must and do fear that
 7 someone could later accuse me of a violation of the Law based on almost any
 8 exploratory discussions I might have with clients on matters of gender, gender
 9 expression, sexual orientation, sexual behaviors, or sexual or romantic attractions.
 10 Since these are common matters of concern for troubled teens, this amounts to
 11 serious interference with my counseling conversations.

12 82. Not only does the Counseling Censorship Law chill discussions that I
 13 have with my clients, but it also makes it too hazardous for me to actively publicize
 14 my willingness to work with minors on these issues (for example, on our practice
 15 website), as I would otherwise like to do.

16 83. Furthermore, to counsel clients on these topics without running a
 17 substantial risk of violating the law, I would have to counsel and speak to my
 18 clients on the premise that seeking to reduce same-sex attraction, or to achieve
 19 comfort with their biological sex, could not be successful, and would instead harm
 20 their physical and psychological well-being. In my opinion, the law is designed to
 21 compel me to speak to my clients and conduct my counseling in a manner that
 22 reflects those beliefs. Not only are these viewpoints directly contrary to my beliefs
 23 and the beliefs of many of my clients, but they are also contradicted by science and
 24 by the experience of many of my clients.

25 84. In any successful counseling relationship relating to the sensitive and
 26 important topics of sexual attractions, behaviors, and orientation, openness and
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candor is crucial, and I necessarily enter into an extremely close and intimate relationship with clients who seek my assistance to pursue personal goals in these areas.

85. Often, my clients feel that their discussions with me about sexual attractions, behaviors, or orientation involve the most intimate, difficult, important, and embarrassing topics in their lives. If anything, this is all the more true of teenage clients. Because of this, it is extremely difficult or even impossible as an emotional and social matter for these clients to step forward publicly to assert their own constitutional rights to talk with the counselor of their choice about the topics and personal goals of their choice.

86. These clients already experience serious emotional turmoil, and in my judgment their mental health could be harmed by adding the publicity and adversarial struggle of litigation.

I declare under penalty of perjury under the laws of the United States
that the foregoing is true and correct, and that this declaration was
executed on April 26, 2021.

By: Brian Tingley
Brian Tingley

Subscribed and sworn to before me
this 26 day of April, 2021.

Lerry Wyatt
Notary Public, State of WA
My Commission expires 9/2/2024

